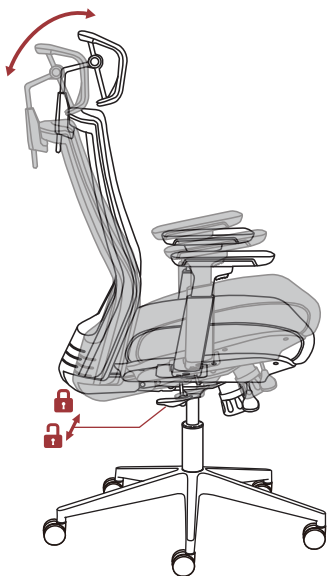


**Function Instruction - 1**

**To Adjust Seat Height:**

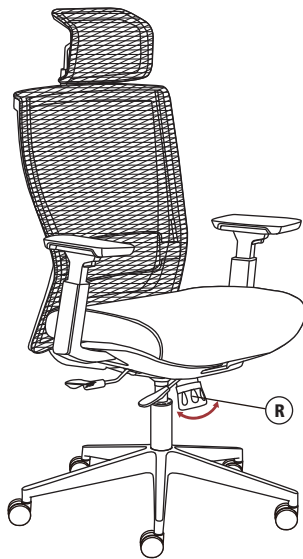
While seated, lean forward and reach under the right side of the chair to find the handle. Lift the handle and raise your body up slightly to allow the chair to rise to the desired height. Once desired height is reached, release handle to lock chair at desired height. To lower the seat, lift the handle while seated. The chair will descend until the handle is released or the chair reaches the bottom position.



**Function Instruction - 2**

**To Operate Tilt Lockout:**

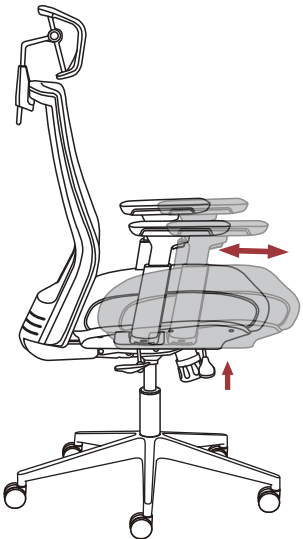
While seated, reach under the right side of the chair to find the height-adjustment handle. Pull the handle all the way out (away from the gas lift) to allow the chair to tilt backwards. To lock the chair in the upright or vertical position, sit upright and push the handle in towards the gas lift.



**Function Instruction - 3**

**To Adjust Tension on the Tilt:**

Reach under the front center of the chair, grasp the round knob (R) and turn it counter- clockwise to stiffen the tilt mechanism for a heavier user. Turn the knob (R) clockwise to loosen the tilt mechanism for a lighter user. Rotate the knob (R) until the desired resistance is reached.



**Function Instruction - 4**

**To Adjust Seat Depth:**

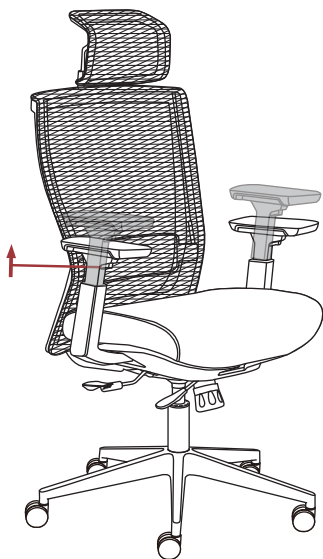
Reach under the right side of the chair to find the handle. Lift the handle and adjust the seat depth short enough to enable your legs to move freely under the chair. To adjust seat depth, lift the handle and slide the seat into the preferred position. Located desired position and release handle to lock.

**LONDON-HB**

**SW-60500**

PG 1/3

Please check all components are included prior to assembling.  
For assistance call (833) 265 - 5177



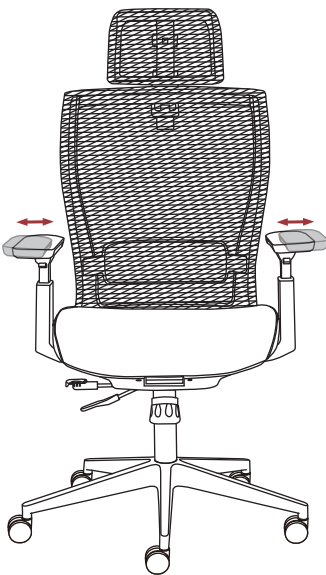
**Function Instruction - 5**  
**To Adjust Arm Height:**  
Press the buttons under the armpads to move them up or down freely then release the buttons once the desired height is reached.



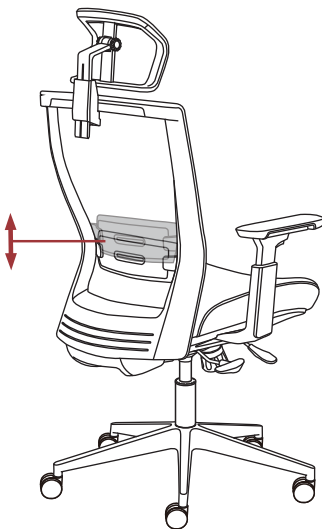
**Function Instruction - 6**  
**To Adjust Armrests angle:**  
While seated, grasp front end of armrests and pivot them to the left or right. Adjusting arm angle can help support different types of work and shifts in posture.



**Function Instruction - 7**  
**To Adjust Armrests forward and backward:**  
While seated, grasp the armrests and push them forward or backward to a desired position.



**Function Instruction - 8**  
**To Adjust Armrests Width:**  
While seated, hold and push the armrests outwards or inwards into a desired width of arms.



**Function Instruction - 9**  
**To Adjust Lumbar Support Height:**  
Lumber support height adjust independently for the short and tall.



**Function Instruction - 10**  
**To Adjust Headrest Height & Radian:**  
Headrest height adjust independently for the short and tall. Swivel up and down for optimum neck comfort.



**Function Instruction - 11**  
**360° Swivel:**  
360° seat swivel.