

# "Just Like Me"



## National Standards

- Describe the importance of individuality and how varying dispositions or traits of character are important to improve society. (NSS-C.K-4.5)
- Develop an understanding of the rights and responsibilities of citizens of the United States. (NSS-C.K-4.5)

## Objectives

Students learn:

- Observation skills
- Personal awareness
- Personal identity
- Use of imagination
- Hand-eye coordination
- Fine motor skills

Time Frame

Day 1

40 min.

Time Frame

Day 2

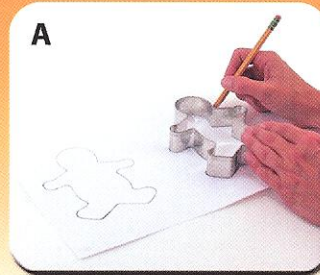
40 min.

## Teacher Preparation

- On copier paper, use pencil to trace around gingerbread man cookie cutter or simply draw a basic body shape. Plan position of two shapes per sheet, so that copies can be cut into a 5" wide by 6 1/2" tall rectangle with shape in center. Photocopy on white drawing paper and cut into rectangles.

See Photo A

- Pour paint into containers. Make one water container per two students.
- Place sheet with gingerbread outline, paint brush and paper towel at each student's place. Distribute paint and water containers onto tables.



## Materials

### Dixon® Prang® Materials

- Ready-to-Use Tempera Paint  
skin, hair and clothing colors
- Fine Line Markers  
(Classic Colors)
- Paint Brushes
- Dixon® Pencils

### Other Materials

- 9" x 12" white drawing paper  
one per two students
- Copier paper
- Yarn or ribbon, asst. colors  
12" length per student
- Gingerbread man-shaped  
cookie cutter approx. 5" tall,  
4" wide
- 1/4" circle hand punch
- Containers for paint
- Paper towels
- Access to sink
- Paint shirts or aprons

### WHY use Prang® Ready--to-Use Tempera Paint & Fine Line Art Markers?

The AP certified non-toxic paint requires no shaking or stirring and goes on smoothly in one-stroke application. The Fine Line Marker nibs allow for detailed drawings and won't bleed through paper.

Professor Prang

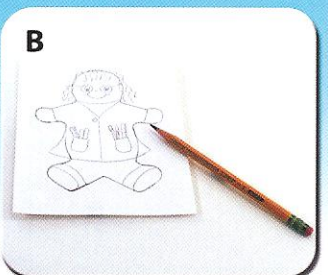


## Directions

Present to students a personal awareness lesson. Ideally, have a full length mirror available for reference when discussing hair, skin and clothing colors. For fun, suggest that they imagine they have pockets in their clothes that can hold something. Ask them to think about what that would be to stimulate their imagination and identity.

1. Ask each student to use a pencil to lightly sketch on the gingerbread outline his/her hair, face, clothes and shoes. Then ask them to draw pockets with fun things that they like extending out or that represent their personalities. Have students put their names on the backs of their sheets.

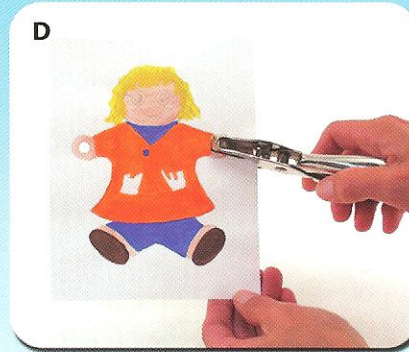
See Photo B



2. Have students put on their paint shirts or aprons. Remind them of the painting guidelines, such as washing out the brushes in the water container between colors and gently drying off the brushes on paper towels. Also mention making brush strokes in the correct direction, rather than pushing them so that the bristles bend backwards and are damaged.

3. Direct students to paint the main areas of skin, hair and clothes and set aside to let paint dry.

See Photo C



### Next Session...

4. Before the next session, use hole punch to make a hole in each character's hands. (Note: to minimize tearing, keep hole about 1/4" from edge of hand.)

See Photo D

5. Have students use fine line markers to draw outlines and add details.

See Photo E

6. Create a garland by having students connect characters with ribbon or yarn, tied into bows or knots.

See Photo F



### Modifications

- Have older helpers assist in drawing clothes, hair, etc.
- Let students refer to photo of themselves they've brought from home.
- Have students cut out shapes before making garland.
- Use Prang® Watercolors or Crayograph colors.
- Have students trace gingerbread cookie cutter or use a die-cut or stencil shape of a person.
- Add embellishments - fabric scraps for clothes, yarn hair, etc.

### Additional Ideas

- Trace around life size bodies on roll paper.
- Instead of making a garland, bind them into a class book.
- Use as a gift tag for parents' gift.
- Have students make their entire family, using various size gingerbread cutters.

### Safety Tips

- Simply use soap and water to wash hands and clothes.

### References

- *I'm Glad I'm Me* by Margery Brown
- *I Like Me* by Nancy Carlson
- *You Are Special* by Max Lucado

### Attention Teachers

If you have a great lesson plan, submit it to Dixon® for publication consideration. If chosen, you'll receive \$50 in Prang® Products! Send us your best! Mail to address at right. Please include: Dept. Professor Prang®! Thanks!

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